### TAEKWON-DO KIDS EVELOPMENT PROGRA

# TAEKWON-DO

STUDY BOOK

### **ITF Taekwon-Do Kid's Development Program**

The ITFs new Taekwon-Do Kid's Development Program (TKD Pro- SWe are coming soon) gram) was introduced to Instructors at the ITF Convention, Spain in September. This program is designed to develop physical and life skills , as well as moral values of the children aged from 3-7. As GM Pablo Trajtenberg, ITF President wrote in a foreword..." this Program as a resource to improve our society, to help understand one another beyond nationality, ethnic group, gender, religion or any other difference.



To our way of thinking, the essence of this change must necessarily involve children, in the belief that harmony both in body and in mind must be achieved, for which it is necessary to train both simultaneously..." We have to start from children to build better, more peaceful world.

### **New Vice - President ITF Russia**

On 2<sup>nd</sup> June 2011 the Board of Directors of All Russia Taekwon-Do Federation had the great honour to propose Mr. Alexander Tikhonov the position of Vice President. Mr. Alexander Tikhonov accepted this proposal. It is believed there that ITF in Russia with the contribution and help of Mr. Alexander Tikhonov will develop to higher level. Mr. Tikhonov was born on 2nd January 1947 in the village of Uyskoye, Kolkhozny District, Chelyabinsk Oblast. He is a retired Russian biathlete who represented the USSR. Mr. Tikhonov trained at Dynamo in Novosibirsk and is one of the most successful biathletes of all time, with nine World Champion titles and four Olympic gold medals. He lacks an individual Olympic gold medal in his cupboard, but took part in the gold medal relay winning teams in 1968, 1972, 1976, and 1980. Mr. Alexander Tikhonov was an honourable guest in all latest tournaments conducted by ITF Russia. He is an honourable 4th degree in ITF. And he has big influence in sport all over the world. He is also a member of board of Russia Ministry of Sport.



**CROATIA RETURNS to ITF** ITF Board of Directors accepted two clubs from Croatia as Temporary Club Member. This is the first step for having full Taekwon-Do Federation in this. Meet the deta-

Taekwon-Do club "ISTRA" PULA Valdebečki put 75, 52 100 Pula President: Mr. Igor Matic imatic.tkd@gmail.com Secretary: Mr. Mladen Ljubojevic Secretary mladen.ljubojevic@pu.t-com.hr



Taekwon-Do Club BAK PULA Zadarska 17, 52100 Pula President: Mr. Denis Jelenkovic Secretary General Master Slavko Jereb: slavkoo7jereb@gmail.com



4 years up to the ages of 6 or 7 years and is now been en-

### NOMINATION TO CARRY THE OLYMPIC TORCH

Mr. Nicholas Mellor, top businessman and a parent of one of the Taekwon-Do Kids has nominated Master Donato Nardizzi, the President of ITF England to carry the Olympic torch in the 2012 London Olympics.

The nomination is for his work with the Taekwon-Do Kids Program and as stated: "Donato Nardizzi: Athlete, teacher, mentor and role model

As an athlete, he himself is an inspirational example having achieved one of the highest grades in the world as an 8th Degree Master, and gained the recognition of his peers as President of the International Taekwon-Do Federation England. He has made a difference by making Taekwon-Do accessible within the local community. His teaching programme has helped promote the physical, cognitive, behavioural, social, and moral development of children as young as 3 or



Edition: Miss Agnieszka Mazur Corrections: **Mr Philip Lear** 

dorsed and being adopted worldwide. His contribution has been as significant to the children as it has been to the parents, demonstrating how principles such as integrity, fairness, perseverance, self-control, indomitable spirit can be introduced to young children in an accessible way." Keep your fingers crossed, the results will be known in the middle

of November 2011



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## **Changes in AETF T&U Committee**



First, Master Coos van den Heuvel, Chairman of the AETF T&U Commission and next Giovanni Master Cecconato, a Member resigned from their positions due to clash



Mst Coos van den Heuevel

of interests fulfilling respectively the



position of Chairman and the Member of ITF Tournament since 2004 and wish success and personal life. appointed the following Committee to conduct 17th Junior

Mst Giovanni Cecconnato

and 26th Senior European Championships:

### **Europe supports Africa and Asia**



**ITF Mongolia in AETF HQ** On 11<sup>th</sup> July 2011 with the official visit to AETF HQ came the delegation of the ITF "Shine Munkh" of Mongolia.

This is the official national association of Taekwon-Do ITF in Mongolia. It is recognized by Physical Culture and Sports Authority. The delegation was represented by Mrs Erdene Sambalkhudev, Secretary General and Mrs Solongo Sodkhuu. Mon-

project conducted by Master Paul Weiler, ITF Vice President. During ITF Convention held from 7<sup>th</sup> - 11<sup>th</sup> September 2011 in Benidorm, Spain Master Paul Weiler on behalf of The Ethiopia International Taekwon-Do Association passed the certificate of gratitude to the All Europe Taekwon-Do Federation for golia is the 19<sup>th</sup> largest country all over the their financial support towards the successful organiworld with the population about 3 million. It is divided into zation of the First African International Taekwon-Do 21 regions. In each one there is a Taekwon-Do ITF sec-Cup which was held in Addis Ababa, Ethiopia from tion. Both ladies took part in the Central Taekwon-Do Summer Camp held in Biala Podlaska. 13<sup>th</sup> to 14<sup>th</sup> August 2011.

### In this issue:





# **BULLETIN NO 3/2011**

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July—September



CHAIRMAN: Mr. Philip Lear from England, AETF Board of Director MEMBERS Master Sandy Dunbar from Scotland, Member of AETF **Tournament & Umpire** Committee since 2004

Mr. Harry van Schaik from the Netherlands

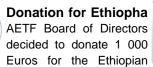
Committee. We would like to We are convinced that committhank them for all their work ment and professionalism will and prosperity in professional be prevalent in their activity and allow them to keep high AETF Board of Directors level of umpiring set by their predecessors and will bring them personal satisfaction .



Mst. Sandv Dunba



Mr. Harry van Schai





### **Important subjects**

- Changes in AETF Tournament & Umpire Commission
- Europe supports Africa and Asia
- IIIrd Degrees and above
- Calendar
- Croatia in ITF again

### Page 2 Calendar

### **BULLETIN NO 3/2011**

Date	Event	Place
3.07	ITA Planning Day	Ireland
4-13.07	Central Taekwon-Do Summer Camp in Poland	Biala Podlaska, Poland
15-18.07	Taekwon-Do Summer Camp 2011	Mt. Melleray, Scout Centre, Cappoquin, Co. Waterford
30.07-05.08	NTN Norway Summer Camp for Adults	Surnadal, Norway
1-8.08	15th Taekwon Do ITF Summer Camp in Greece	Litohoro, Greece
6-7.08	Master Jedut & Mr Suska Scotland Seminar	Craigwillow Centre, Livingston, Scotland
8.08-12.08	NTN Norway Summer Camp for Chil- dren	Surnadal, Norway
20.08	Seminar with Master Swavek Dydiszko	Skovde, Sweden
22.08-1.09	Summer Camp in Bulgaria	Obzor, Bulgaria
6-12.9	1st ITF Convention	Benidorm, Spain
17-18.09	II. Eagles Cup International Taekwon- do Championships	Üllő, Hungary
24-25.09	Sparring Seminar GM Ung Kim Lan & Mr. Tomaz Barada	Höxter, Germany
30.09-2.10	Polish Senior Championships	Rybnik, Poland
ociation dline: 22 <sup>nd</sup> June tact: Mr. Stephen F <u>n@taekwondo.ie</u> wwon-Do Summer -18 <sup>th</sup> JULY	eaglescup2011@gmail.com +36203493822	E-mail:
Taekwon Do ITF Taekwon Control Taekwon Do ITF Taekwon Control Taekwon Do ITF Taekwon Control Taekwon Co	kley & Mr Suska Seminar   n.net R   attack R   attack Seminar   organizer: GMAC Taekwon-Do   Deadline: 29 <sup>th</sup> July   contact: gmactkd@sky.con   Seminar with Master Swavek   Dydiszko Dydiszko	1st ITF Convention   6 <sup>th</sup> —12 <sup>th</sup> SEPTEMBER   Organizer: ITF   Deadline: 31 <sup>st</sup> July   Contact: HQOffice@tkd-itf.org   M   Central Taekwon-Do   Summer Camp   4 <sup>th</sup> ~13 <sup>th</sup> JULY   Contact: Master Jerzy   Jedut info@itfeurope.org
00306944570002 ebook: "Vasilis Ale» Mike Mouratidis".	Contact: tkd@bredband.net	inars
nmer Camp in garia <sup>3</sup> August—1 <sup>st</sup> PTEMBER anizer: Bulgarian ociation	No time to relax this summ because Euros 2011 are of This most important Cham ships in Europe is held in C	er oming. pion-

### **BULLETIN NO 3/2011**

At ITF Convention held in Benidorm, Spain on 6<sup>th</sup> – 12<sup>th</sup> September 2011 the last IIC this year in Europe took place. As always, afterwards, a higher degree examination was held. As a result Mr. Adalbert Wagner from Germany obtained the title of Master, Mr. Jose Luis Diego from Spain was promoted to 6<sup>th</sup> Degree and Ms. Vera Haynymen, Finland was promoted to 4<sup>th</sup> Degree. Below are all the people from Europe promoted to 4<sup>th</sup> Degree and above up promoted till now



9<sup>th</sup> Degree

Kim Ung Lan, Germany 7<sup>th</sup> Degree

Master Russel Dennis, En-

Master Oleg Petrovskiy, Ukra-

Master Adalbert Wagner, Ger-

6<sup>th</sup> Degree

Ana Anastassiadou, Germany

7<sup>th</sup> March

30<sup>th</sup> April

9<sup>th</sup> September

29<sup>th</sup> January

19<sup>th</sup> February

10<sup>th</sup> April

30<sup>th</sup> April

6<sup>th</sup> June

11<sup>th</sup> June

18<sup>th</sup> June

9<sup>th</sup> September

24<sup>th</sup> September

16<sup>th</sup> January

29<sup>th</sup> January

20<sup>th</sup> March

27<sup>th</sup> March

Robin Blair, Scotland

Lisa Denis, England

Leonardo lagher, Italy

Gabriel Fiorentini, Italy

Mario Cosacow, Israel

Mikko Allinniemi, Finland

Ludger Dietze, Germany

Alejandro Banega, Spain

Mr. Tomaz Barada, Slovenia

5<sup>th</sup> Degree

Mr. Hasan Ibric, Slovenia

Thomas Connor, Ireland

Oleg Solovey, Ukraine

Julia Cross, Scotland

Peter Poós, Hungary

Ferenc Bóra, Hungary

Laszlo Enyingi, Hungary

Donal O'Donoghue, Ireland

José Luís Diego, Spain

Ingo Dietze, Germanv

aland

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ine

Peter Szasz, Hungary Gabor Zsolt Kiss, Hunga- 15th January 16<sup>th</sup> April Antony Wilcox, Wales 30<sup>th</sup> April Masimo Persia, Italy Mario De Lucia, Italy Sebastian Lesueur, Switzerland 11<sup>th</sup> June Teppo Häyrynen, Finland GM Rolf Beckinf, GermanyGM Saija Steckiewicz, Finland Terhi Mikkola, Finland 18<sup>th</sup> June Declan McMullen, Finland Anne Marie Kinsella, Ireland 25<sup>th</sup> June Berd Raue, the Netherlands 24<sup>th</sup> July Yves Pollefeyt, Belgium 4<sup>th</sup> Degree 19<sup>th</sup> February Mehmet Dege, Germany 26<sup>th</sup> March Nick Sargeant, England 27<sup>th</sup> March Endre Hegedűs, Hungary Attila Madarász, Hungary Attila Kovács, Hungary Atilla Solti, Hungary 16<sup>th</sup> April Craig Hancock, Wales 30<sup>th</sup> April Elvedin Okerić, B&H Ciro Borriello, Italy Dimitri Pilichi, Italy Sergio Bennati, Italy Adriana Riccio, Italy Vladislav Birukovskiy, Ukraine 11<sup>th</sup> June Jukka Ahola, Finland Juha Ojanperä, Finland Olli Leino, Finland 12<sup>th</sup> June David Elson, Ireland 18<sup>th</sup> June Nedzad Kapic, B&H Thorsten Theis, Germany Petra Kolbm, Germany 22<sup>nd</sup> June Michal Cytryniak, Poland 11<sup>th</sup> September Veera Häyrynen, Finland

### 3<sup>rd</sup> Degree

- Sergio Revelles Vera, Spain
- 16<sup>th</sup> January
- Tom Smvth, Ireland
- 22<sup>nd</sup> January
- William Arnsmar, Sweden 22<sup>nd</sup> January
- Thorsten Günther, Germany 27<sup>th</sup> February
- Tom Van De Sijpe, Belgium Aldo Leone, Italy
- Roberto Santin, Italy
- 1<sup>st</sup> March
- Leonardo Di Franco, Italy
- Allessandro Di Franco, Italy 13<sup>th</sup> March
- Giulio Stevanato, Italy Alis Dearovski, Italy
- 27<sup>th</sup> March
- Pál Rigó, Hungary
- Laszlo Meilinger, Hungary
- Krisztian Mucsi, Hungary
- Tibor Tamas Nagy, Hungary Zsofia Sisak, Hungary
- Zoltan Kovacs, Hungary
- Mark Biro, Hungary
- Lajos Baranyi, Hungary
- Petra Mucsy, Hungary 9<sup>th</sup> April
- Nyyti Korolainen, Finland 16<sup>th</sup> April
- Hollie Roberts, Wales Rhiannon Ernest, Wales 14<sup>th</sup> May
- Jukka Seinälä, Finland Hanne-Kaisa Honkanen, Finland
- Nejc Gazvoda, Slovenia Domen Kugl, Slovenia 21<sup>st</sup> Mav
- David Graham, Scotland Marit Larrson, Sweden Andreas Uppström, Sweder 22<sup>nd</sup> May
- Viktor Rikkonen, Finland
- Brian Feely, Ireland Egbert Kok, the Netherlands
- 17<sup>th</sup> June Ioanna Malousidou, Greece
- 18<sup>th</sup> June Kevin Wedekind, Germany
- Michael Binder, Germany Erik Borchert, Germany John Fitzgibbon, Ireland Darren Rigney, Ireland Dylan Fitzgibbon, Ireland Salvatore Esposito, Italy

19<sup>th</sup> June Chiara Brasili, Italy Slawomir Listkiewicz, Poland Anna Misztal, Poland Leszek Kamienski, Poland Pawel Krzemionka, Poland Marcin Olszowka, Poland Zdzislaw Synoradzki, Poland Henryk Lewandowski, Poland

- 21<sup>st</sup> May

Gordon Graham. Scotland Marit Larsson, Sweden Andreas Uppström, Sweden 22<sup>nd</sup> Mav Viktor Rikkonen, Finland 12<sup>th</sup> June Brian Feely, Ireland Egbert Kok, the Netherlands 17<sup>th</sup> June Ioanna Malousidou, Greece 18<sup>th</sup> June Kevin Wedekind, Germany Michael Binder, Germany Erik Borchert, Germany John Fitzgibbon, Ireland Darren Rigney, Ireland Dylan Fitzgibbon, Ireland Salvatore Esposito, Italy 25<sup>th</sup> June Maxine Pura, the Netherlands 1<sup>st</sup> July Juan Antonio Benimeli Hoving Spain 2<sup>nd</sup> July Roberto Bianco, Italy Alessndro Rui, Italy Stefano Rui, Italv



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